



## **COVID-19 SAFE PRACTICES**

### **RETURN TO PRACTICE AND COMPETITION PROTOCOLS**

TDFL will continuously follow protocols and any additional league expectations in accordance with the directives from the Governor's office.

All football activities will be restricted to the mass gathering limit as per the red to turquoise framework of the public health orders. Maintain the six (6) foot physical distance between youth, team managers / coaches, and parents or spectators. **FIELDS ARE RESTRICTED TO ONLY LEAGUE PERSONNEL, REFEREES, PLAYERS, COACHES, and REGISTERED TEAM PERSONNEL.**

Masks must be worn by all spectators,....adults, children and athletes during all football activities, including practices and games.

Head Coach must verify that all participants hands have been sanitized prior to the start of any football activity, including practice and games. Head Coach must keep a journal dated for each practice, game or football activity checklist of sanitized items including participants, equipment, high touch areas and the coaching staff. Hands are to be sanitized often during football practice and games, in addition to after all football activities are completed.

Parents must verify that all participant uniforms have been sanitized with a spray sanitizer such as Lysol spray prior to the start of any football activity, including practice and games. Parents are required to wash/disinfect uniform immediately after football activities, including practices and games.

All Coaches, league personnel, referees, players, registered team personnel and parents must complete and sign the COVID-19 Code of Conduct prior to the start of first practice to begin the new season. Parents, please convey the Code of Conduct Message to members of your family as they attend practices and games.

All coaches, players, registered team personnel, referees, and league personnel must wear masks during all football activities, including practice and games.

Practice facility water units are NOT to be used and are off limits. Coaches, players, and registered team personnel are to bring their own water (replenishing beverage) to be consumed during the football activity with their first and last name written on the bottle or beverage container, including practice and games. Sharing is prohibited, including beverages, food and snacks. Coaches, referees, players, registered team personnel, league personnel,..refrain from handshakes, high fives, or other physical touching before, during or after football activities, including practices and games.

In the event your child cannot participate in football activities, including practices and games due to COVID-19, please communicate with the Head Coach of your child's football team.

Parent tunnels before, during, or after practices and games are permitted.

